



INTERFAITH HARMONY MONTH

FEBRUARY 2026

meckmin.org/interfaith-harmony-month



704.545.5455

Tuesday, February 3

Interfaith Harmony Month Kickoff Dinner

6:00-8:00PM

MeckMIN hosts the kickoff celebration of Interfaith Harmony Month February 3rd! Our first ever series of events that promote and celebrate the values of interfaith bridge-building by providing wonderfully diverse opportunities for our communities to get to know one another in engaging ways. Kickoff features a vegetarian dinner, Mecklenburg County Commission Proclamation, Mini-service project, & Interfaith Library. Registration: tinyurl.com/yfj5358k LeDayne Polaski, ledayne@meckmin.org (704) 545-5455

Wednesday, February 4

Wednesday Night Zen

7:00-8:00PM

A brief Zen meditation, discussion, and snacks, all from a Buddhist perspective (except the snacks). No experience or commitment to any tradition necessary. Everyone welcome! Davidson College, 405 N Main St, Davidson, NC 28035 We meet in the Oasis (4th Floor, Chaplains' Office, Union) Iván Mayerhofer ivmayerhofer@davidson.edu (704) 894-2423

Thursday, February 5

Embroidery Club

7:00-8:30PM

Stretching creativity and community together. Join us to learn, share and create. No experience necessary. It's held the 4th Thursday of the month at Piedmont Unitarian Universalist Church, 9704 Mallard Creek Rd., Charlotte Sara Akkus sara.canakkus@gmail.com

Thursday, February 5

Meditation for all: Buddhist wisdom for modern times

7:00-9:00PM

Many of the meditation techniques that are familiar to us, such as mindfulness, have their roots in Buddhism. Pamela Gayle White, a Buddhist teacher and hospice chaplain will join us for an overview of the origins and applications of meditation. The first hour will present 7-8:00PM: four short guided meditations, accessible for all. 8-8:30PM: Q & A and discussion about Buddhist practices and philosophies. Davidson College, Sprinkle Room, 4th Floor, Alvarez College Union. Iván Mayerhofer ivmayerhofer@davidson.edu (704) 894-2423

Friday February 6

Open Heart, Calm Resolve: Buddhist pathways for challenging times

3:00 - 4:00PM, 4:30 - 5:30PM

How can the ancient wisdom and spiritual techniques of the Buddhist paths help us maintain balance and joy, both for ourselves and others, in today's turbulent world? Pamela Gayle White, will join us for two sessions of teachings and practices. **3PM session:** We will work on Settling the Mind. **4:30PM session:** We will work on Opening the Heart. Come for one or both! No experience or background in Buddhist teachings or practices necessary. Only an interest to lean into this life with wonder and ease. Davidson College Sprinkle Room, 4th Floor, Alvarez College Union. Iván Mayerhofer ivmayerhofer@davidson.edu (704) 894-2423

Saturday, February 7

Church Tour and Family History Presentation

4:00-5:00PM

Please join us for a church tour, light refreshments and short presentation on family history and how you can connect with your ancestors. We look forward to seeing you! The Church of Jesus Christ of Latter-day Saints 2500 Rocky River Road, Charlotte, NC 28213 Nellie Johnston neljohnston@gmail.com (704) 614-6038

Sunday, February 8

Worship & SOUP-er Bowl Service Project

10:00AM-12:00PM

Advent Lutheran invites you to worship & service with a Chili lunch to be held at the church at 8840 University City Blvd, Charlotte, NC 28213. Lunch starts after the service around 11:15, churchadministrator@adventlu.org (704) 549-1555

Sunday, February 8

Planting Seeds of Love for a World of Harmony

2:30-4:30PM

Brahma Kumaris World Spiritual Organization invites you to an interactive dialog and meditation workshop to explore together how to plant the seeds of love and mutual self-respect to create a harmonious world. The event will be held at The Charlotte Meditation Center, 8145 Ardrey Kell Rd suite 207, Charlotte, NC 28277. charlotte@us.brahmakumaris.org (704) 207-5920 Register: tinyurl.com/BKCLT-Seed-of-Love-for-Harmony

Presbyterian & Pluralist week: Queens University of Charlotte, Feb 9-13

For all events, parking will be available in the North Parking Deck of Queens University, 1900 Selwyn Avenue, Charlotte, 28274. Adrian Bird birda@queens.edu (704) 337-2491 Here is a link to the campus map: Campus Map & Parking - Queens University of Charlotte

Monday-Friday, Feb 9-13 (Queens University)

Rangoli Community Art Project

10:00AM-3:00PM

Location (weather permitting): Outside classroom, next to the campus Clock Tower. Come and join us as we paint beautiful rangolis on the Queens campus. The templates will be drawn – just come and spend quiet time coloring the rangolis.

Monday, February 9 (Queens University)

Davies Fellows: Dual presentations

10:40-11:40AM (location: DICE Lounge)

Gianna Mars: 'Nostra Aetate: A Brief Lesson, a Call to Dialogue'

Alex Guerra-Cordon: 'Soccer, Christianity and Guatemalan Spirituality'

Monday, February 9 (Queens University)

Muslim Student Association Film Screening: Unseen Muslim Heroes: A film screening and discussion of Enemy of the Reich - The Noor Inayat Khan Story.

6:30-8:30PM (Ketner Auditorium)

A free film screening of Enemy of the Reich: The Noor Inayat Khan Story, a documentary that centers on Khan's role and intervention to protect lives during World War II. Born to an American mother and Indian Muslim father, Khan served as a British agent in Nazi-occupied France. Following the screening, there will be a discussion featuring MSA officers, who will share their own experiences with interfaith understanding, faith-based action, and challenging common narratives. 1900 Selwyn Avenue, Charlotte, 28274. Adrian.Bird@queens.edu (704) 337-2491



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Tuesday, February 10 (Queens University)

Lunch n' Learn (food provided)

Sheelove Knowles: Religion, Coexistence and Haiti's Global Image

12:00-1:00PM | Chapel Rotunda

This Lunch & Learn invites you into an open and honest conversation about religion in Haiti. We'll explore how Vodou and Christianity coexist, how faith has been shaped by history, and how misunderstanding has influenced the way Haiti is often viewed. Through both history and lived experience, this session highlights resilience, respect across difference, and the importance of seeing beyond stereotypes.

Wednesday, February 11

Wednesday Night Zen

7:00-8:00PM

A brief Zen meditation, discussion, and snacks, all from a Buddhist perspective (except the snacks). No experience or commitment to any tradition necessary. Everyone welcome! Davidson College, 405 N Main St, Davidson, NC 28035 We meet in the Oasis (4th Floor, Chaplains' Office, Union) Iván Mayerhofer ivmayerhofer@davidson.edu (704) 894-2423

Wednesday, February 11 (Queens University)

Lunch n' Learn (food provided)

Stories from the Chicago Interfaith America Leadership Summit

12:00-1:30PM | DICE Lounge

During this lunch n' learn we will hear impactful stories from Queens students who participated in the Interfaith America Leadership Summit in Chicago, 2025. All are welcome!

Wednesday February 11 (Queens University)

Davies Fellows: Dual presentations

10:40-11:40AM (location: DICE Lounge)

Maggie Sweeney: 'Nature and Spirituality: Exploring the connection between nature and spirituality reveals how experiences in nature deepen self-awareness. These moments often inspire reflection and personal growth.'

Tracy Mwananawe: "When the Church Remained: Survival, Silence, Healing, and Memory in Rwanda After 1994"

Wednesday February 11 (Queens University)

Greece's Blue Zone: Orthodox Christianity and the Science of Longevity

6:30-8:30PM

Levine Health & Wellness, Claudia Belk Room, 2201 Wellesley Avenue, Charlotte, NC 28274

Join us for a wonderful evening of learning about Orthodox Christianity and how Orthodoxy has influenced cultural practices in the island of Ikaria that have research-proven benefits contributing to a long, healthy lifestyle! Vasiliki (Vicky) Koukoutsis will be presenting her further research upon her JBIP experience focusing on the Blue Zones. Enjoy some delicious Greek food, then get up to dance! A local dance instructor will teach us a dance the locals of Ikarian love. We hope to see you there!

Thursday, February 12

Interfaith Connection Circle

2:30-4:00PM

Feel the Vibe invites us to share and witness the diverse internal journeys that unite us all through an intimate listening circle where we move beyond the noise of the outside world to honor the sacred space within. Hosted at 3400 Shamrock Dr, Charlotte, NC 28215 at Givens Aldersgate Community Impact Center nate@feelthevibe.net (980) 270-6050 www.feelthevibe.net

Friday, February 13 (Queens University)

Davies Fellows Presentation

10:40-11:40AM (Queens Hall)

Zeina Zeena: FILM: 'Negotiated Belonging: What the Archive Doesn't Say' Negotiated Belonging traces how faith and identity at Queens University have been shaped through quiet, often undocumented negotiation. From its Presbyterian roots to a more pluralistic campus, the film highlights the unseen labor of interfaith work and the pivotal role of the Muslim Student Association (MSA) in building and redefining belonging. Through archival research and personal stories, it explores the gap between institutional records and lived experience—and the ongoing work of creating true inclusion.

Friday, February 13 (Queens University)

Davies Fellows Presentation

10:40-11:40AM (Queens Hall)

Emily Allison: 'The Shared Light Library; An Interfaith Little Library'

Come and learn more about this new initiative on the Queens campus, including a ribbon ceremony to unveil the Shared Light interfaith little library.

Friday, February 13 (Queens University)

Soul Food Shabbat; Celebrating Jewish & Black Hip Hop Music

6:00-7:30PM

Levine Health & Wellness, Claudia Belk Room, 2201 Wellesley Avenue, Charlotte, NC 28274 Cost: Free for Queens & JCSU students, staff and faculty Cost: \$25/person for community members

RSVP Deadline: Mon., Feb. 9

Ten years ago, the Black Student Union and Hillel/Jewish Life began a tradition. Year after year, Queens students have sponsored a Soul Food Shabbat bringing together for a celebration of Shabbat and an exploration of commonalities as we explore our past and present struggles. Now it's a SOLD OUT broader Charlotte community event. This year's theme is "Black and Jewish Hip Hop" featuring artist-educator Antar "Juda" Davidson and Charlotte creative leader Dae-Lee Arrington. We will share a soul food Shabbat dinner with traditional Jewish and African American foods - challah (the traditional Sabbath bread), collard greens, corn bread, fried chicken, baked chicken, and kugel (sweet noodle casserole). Sponsored by BSU, Hillel, the Music Therapy Club, DICE, the Greenspon Center and the Belk Chapel.

Saturday, February 14

Interfaith Service Event @ Samaritan's Feet

8:45AM-12:00PM

MeckMIN & JustServe offer a hands-on service project at Samaritan's Feet. Volunteers sort, process, & pack shoes. Serving alongside people of different faith traditions is a practical way to live our values and experience interfaith cooperation in action. Ages 8 and up are welcome (8-18 with an adult); Register early www.justserve.org/projects/f57711cd-064a-4038-8c6e-f30c3c7c9350 Samaritan's Feet warehouse, 4808 Chesapeake Drive, Charlotte, NC 28216 Sabrina Johnson, sabrinajohnson@justserve.org (704) 634-7172



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Sunday, February 14

Lunar New Year

1:00 - 5:00PM

Experience Lunar New Year hosted by Lien Hoa Buddhist Temple of North Carolina. Celebration will be held at Caldwell Presbyterian located at 1609 E 5th St, Charlotte, NC 28204 More Info: facebook.com/LienHoaBuddhistTemple

Sunday, February 15

Interfaith Youth Panel (Open to All Ages)

5:00-7:00PM

High school youth from various faith traditions narrate their religion's values and traditions and share how they live their faith in a modern world. Created for middle/high school youth, the event is open to people of all ages and includes time for conversation and snacks. Myers Park United Methodist Church, 1501 Queens Rd, Charlotte, NC 28207, Register: tinyurl.com/4umzyw2r LeDayne Polaski, ledayne@meckmin.org 704-545-5455

Wednesday, February 18

Ash Wednesday Services and Program

12:00-1:00PM

First Presbyterian Church holds a brief worship service followed by lunch and interfaith conversation about ideas of mortality and suffering in different faith traditions. For Christians, Ash Wednesday begins the Lenten season and is often marked with a short worship service and the imposition of ashes on worshipers' foreheads as a symbol that "from dust we came and to dust we will return." Attendees may observe or participate as is comfortable. Register: <https://fpc.tiny.us/ashwednesday>

200 W. Trade Street, Charlotte, NC 28202 Lucy Crain lcrain@firstpres-charlotte.org (704) 968-4449

Wednesday, February 18

Wednesday Night Zen

7:00-8:00PM

A brief Zen meditation, discussion, and snacks, all from a Buddhist perspective (except the snacks). No experience or commitment to any tradition necessary. Everyone welcome! Davidson College, 405 N Main St, Davidson, NC 28035 We meet in the Oasis (4th Floor, Chaplains' Office, Union) Iván Mayerhofer ivmayerhofer@davidson.edu (704) 894-2423

Friday, February 20

Community Iftar Dinner

5:45-8:00PM

The program will start with a welcome speech following by the Adhan (Call for prayer). After a short prayer we will have dinner. A short presentation follows sharing about Islam, about Ramadan and fasting. The event ends with thank you speech. Mosaic Muslim Community of Charlotte, info@mosaicofcharlotte.org Register here: <https://tinyurl.com/4pv827ab>

Sunday, February 22

Worship Service

4:30-5:30PM

Awaken Spiritual Community opens its Sunday service. Plan to join us at our regular Sunday service which includes music, meditation and message. All are welcome.

7300 Mallard Creek Road, Charlotte, NC 28262

Min. Shari Hill info@awakeningcarolina.org (704) 906-9770

Wednesday, February 25

Faith Club: MeckMIN's Interfaith Women's Book Club

7:00-8:30PM

The Faith Club is MeckMin's interfaith book group, composed of women of all faiths who gather to discuss books and other materials of a spiritual nature. This is a great opportunity to learn about each other's faith and to make lasting friendships. The February gathering will discuss *The Lives We Actually Have: 100 Blessings for Imperfect Days* with Kate Bowler with additional material: "On Being" interview with Kate Bowler and journalist, Wajahat Ali. We meet at Park Road Baptist Church (3900 Park Road) in Room 503 (also via Zoom). [Gaie Gegg](mailto:GaieGegg@gmail.com) gegge2020@gegge.net (636) 346-1802

Wednesday, February 25

Wednesday Night Zen

7:00-8:00PM

A brief Zen meditation, discussion, and snacks, all from a Buddhist perspective (except the snacks). No experience or commitment to any tradition necessary. Everyone welcome! Davidson College, 405 N Main St, Davidson, NC 28035 We meet in the Oasis (4th Floor, Chaplains' Office, Union) Iván Mayerhofer ivmayerhofer@davidson.edu (704) 894-2423

Thursday, February 26

Interfaith Connection Circle #2

2:00-3:30PM

Feel the Vibe invites us to share and witness the diverse internal journeys that unite us all through an intimate listening circle where we move beyond the noise of the outside world to honor the sacred space within. 3400 Shamrock Dr, Charlotte, NC 28215 at Givens Aldersgate Community Impact Center Nate Moore nate@feelthevibe.net (980) 270-6050 www.feelthevibe.net

Friday, February 27

Bahá'í Ayyám-i-Há Celebration

6:00-7:30PM

Bahá'í Community of Charlotte invites you to join our Ayyám-i-Há Celebration, a Bahá'í festival held each year as a time of joy, generosity, and service. Through hospitality and acts of kindness, it reflects the Bahá'í emphasis on unity and caring for the wider community. All are Welcome! Light refreshments and desserts will be served. Charlotte Bahá'í Center 3514 Marvin Road, Charlotte, NC www.bahaicharlotte.com Nima Nematollahi, info.charlottebahai@gmail.com (704) 307-1674